



Minnesota's Career Resource

A close-up photograph of a person's hands, wearing a grey long-sleeved shirt, holding a large, dark, soil-covered potato root. The background is blurred, showing more soil and possibly other roots.

**MINNESOTA SERVICES TO
MIGRANT AND SEASONAL
FARMWORKERS**
resource directory

**ASISTENCIA PARA LOS
MIGRANTES Y TRABAJADORES
AGRÍCOLAS EN EL ESTADO
DE MINNESOTA**
directorío de recursos

SERVICES TO MIGRANT AND SEASONAL FARMWORKERS

LOS SERVICIOS PARA LOS MIGRANTES Y TRABAJADORES AGRÍCOLAS

CareerForce locations are Minnesota's community-oriented, comfortable places to look for work, get job referrals, counseling or help with your job search. You'll find:

- Information on types of jobs
- Assistance with registration
- Job referrals, testing, counseling
- Training opportunities
- Complaint resolution
- Referrals to support services and other organizations that serve migrant and seasonal farmworkers
- Information about farmworker rights protected by state and federal laws

CareerForce de Minnesota son centros comunitarios confortables que ofrecen servicios gratuitos para buscar trabajo, obtener recomendaciones, orientación y ayuda con su búsqueda de empleo. Usted encontrará:

- Información acerca de tipos de trabajo
- Ayuda con registro
- Recomendaciones de empleos, exámenes y orientación
- Oportunidades de entrenamiento
- Resolución de quejas
- Referencias para servicios de apoyo y para otras organizaciones de asistencia para trabajadores migrantes temporales
- Información sobre derechos estatales y federales para trabajadores agrícolas

Minnesota Agriculture Outreach Representatives are available at 8 a.m. to 4:30 p.m., Monday through Friday.

Los representantes de alcance agrícola están a su disposición de 8:00 de la mañana a 4:30 de la tarde, de Lunes a Viernes.

FARIBAULT

201 Lyndale Ave. S., Suite 1
Faribault, MN 55021
507-333-2088

MANKATO

12 Civic Center Plaza
Mankato, MN 56001
507-344-2622

ROCHESTER

2070 College View Rd. E.
Rochester, MN 55904
507-292-5152

WILLMAR

2200 23rd St. N.E., Suite 2040
Willmar, MN 56201
320-441-6590

If you are a farm worker with a complaint, please contact Lidibette Guzman at 651-259-7592 or email lidibette.guzman@state.mn.us

Si usted es un trabajador agrícola con una queja, por favor comuníquese con Lidibette Guzman al 651-259-7592 o por correo electrónico a lidibette.guzman@state.mn.us

OTHER RESOURCES

OTROS RECURSOS

Education Services

Educación

- **Motivation, Education & Training (MET)**
Monticello — 763-271-3727
Moorhead — 218-284-9930
Waseca — 507-310-8384
Willmar — 320-214-7172
- **Minnesota Department of Education**
Tri-Valley Opportunity Council, Inc
Crookston — 218-281-5832

Food Shelf Helpline

Línea de acceso directo para la dispensa comunitaria

- 1-888-711-1151
M-F 8:30 a.m. — 4:30 p.m.
(Only in Minnesota — Sólo en Minnesota)

Health Services

Servicios Médicos

- **Migrant Health Services Inc.**
Moorhead — 218-236-6502
(clients only 800-842-8693)
Rochester — 507-529-0503
Willmar — 320-214-7286
- **Minnesota Department of Health**
St. Paul — 651-201-5000
or 888-345-0823

Government Agencies

Agencias del Gobierno

- **Government Benefits**
benefits.gov
- **National Education Hotline for Migrants**
800-234-8848

- **Minnesota United Way 211**
Referrals and Information
800-543-7709

Worker Rights and Legal Assistance

Derechos Laborales y Asuntos Legales

- **Agriculture Worker Project**
(Legal Services)
1-800-652-9733
- **MN Department of Human Rights**
651-539-1100 or 800-657-3704
- **U.S. Equal Employment Opportunity Commission**
Minneapolis — 612-335-4040
or 800-669-4000
- **U.S. Department of Homeland Security**
Bureau of Citizenship and Immigration Services
Bloomington — 800-375-5283

Labor and Workplace Resources

Recursos Laborales

- **Minnesota Department of Labor & Industry**
St. Paul — 651-284-5005
or 1-800-342-5354
Spanish Line — 651-284-5099
OSHA — 651-284-5050
- **U.S. Department of Labor – Wage & Hour**
Minneapolis — 612-370-3341
or 866-487-9243
- **U.S. Social Security Administration**
St. Paul — 800-772-1213

The 50 CareerForce locations throughout Minnesota offer you a full range of employment services, including interest and skills assessment, career planning focused on in-demand locations, education and training support for eligible candidates, plus assistance with work agreement or labor regulation issues.

Las 50 ubicaciones de CareerForce en el Estado de Minnesota ofrecen una lista de servicios de empleo, que incluyen evaluación de intereses y habilidades, planificación de carreras enfocada en ubicaciones en demanda, educación y capacitación para candidatos elegibles, adicionalmente hay asistencia con acuerdos de trabajo o problemas de regulación laboral.

[CareerForceMN.com](https://www.careerforcemn.com)

TTY 651-296-3900

CareerForce is an equal opportunity employer and service provider.

CareerForce is a proud partner of the American Job Center Network.

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